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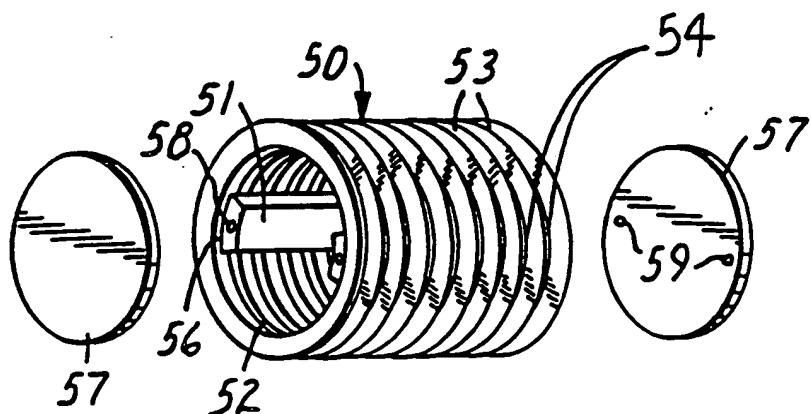
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(54) Title: SURGICAL METHOD AND APPARATUS FOR FUSING ADJACENT BONE STRUCTURES



(57) Abstract

A fusion cage (10) having an external thread (12) can be surgically inserted into a threaded bore extending laterally between the adjacent bony structures such as two vertebrae (94, 95) with the thread (12) penetrating into cancellous bone of each of the vertebrae (94, 95). The fusion cage (10) is easily screwed into place by hand without damage to the bony structures (94, 95). Cage (10) is then packed with a bone-growth-inducing substance such as cancellous bone. When a pair of such cages (10) are implanted between adjacent vertebrae (94, 95), patients have been able to sit without pain by the second or third day, much earlier than has been possible in prior spinal fusions except those involving steel plates and screws. Eventually, the ingrowth of bone through perforations (13) in the valley (14) of the thread (12) of the fusion cage (10) forms a permanent interconnection between the two bony structures (94, 95).

SURGICAL METHOD AND APPARATUS FOR FUSING
ADJACENT BONE STRUCTURES

5

CROSS-REFERENCE TO RELATED APPLICATION

10 This is a division and continuation-in-part
of our copending application S.N. 07/259,031, filed
October 17, 1988.

BACKGROUND OF THE INVENTION

Field of the Invention

15 The invention concerns method and apparatus
for fusing two adjacent bony structures such as a bone
joint, especially adjacent vertebrae of the spine.

Description of Related Art

20 Subsequent to injury, diseases or other
degenerative disorder, the disc, a ligamentous cushion
between vertebrae, may undergo a painful
deterioration. The disc shrinks and flattens out, and
the distance between the vertebral bodies begins to
25 collapse. Subsequently, there may be a progressive
degeneration leading to mechanical instability, where
painful translocations occur between adjacent
vertebrae. The movement-induced pain may be so
disabling that in many such cases, the vertebral
30 motion must be eliminated. Thus, rigid fusions may be
the only present means to stop the translocations and
relieve the pain.

35 It is generally held that successful fusions
demand a contiguous growth of bone to create a solid
mass that will unite the movable elements into one
unit. Otherwise, the fusion cannot achieve the tasks

of pain reduction, maintenance of intervertebral height, and immobility of the vertebrae. When fusion bone is first placed, it is soft and moveable, having no cohesive strength. Therefore a variety of
5 appliances have been developed that attempt to hold the vertebrae quite still under conditions of normal spinal activity and daily stress. Bone graft material is placed between the vertebrae, the outer or cortical surfaces of which have been removed or deeply
10 scarified so as to promote the ingrowth of the graft into these recipient sites. Thus positioned, the bone graft slowly unites the vertebrae. Such an appliance is not meant to permanently secure immobility of the segments. Bone ingrowth is required for this.

15 Dependency upon such an appliance as the sole stabilizer is ultimately unsuccessful due to the development of a mechanical gap or transition between the bone and the appliance, leading to structural failure of the bone and adjacent connective tissue.
20 Such failure is seen in fractures, erosion and absorption of bone with potential further collapse. The pain may also become progressively disabling.

25 Approximately 150,000 lumbar spinal fusions were performed in the USA during 1987, as reported by the American Hospital Association. There are many methods for intervertebral fusion. The most successful have achieved a success rate of about 90% in random cases. However, several of these techniques, especially those requiring complex
30 appliances, are difficult to master and are hazardous to nerve and vessel structures normally lying close to the involved bones.

From a biomechanical point of view, the most important location of a spinal fusion is at the mechanical center of rotation between the vertebrae. This point is centered within the disc space.

5 Therefore, an interbody fusion is the most rigid and thus the most sought after method among surgeons. Current methods of interbody fusions are, however, the most hazardous of all spinal fusion methods.

10 Both anterior (transabdominal) and posterior surgical approaches are used for interbody fusions. Typically, a plug, dowel or segment of bone is driven tightly into a cavity carved inside the interbody, intradiscal space. Since there must be a bone-to-bone bridge created during the fusion process, connective tissue and discal tissue must be removed.

15 Deep cuts within the bone must penetrate into the softer, cancellous region to promote bone growth across the space.

20 Intervertebral fusions using circular bone grafts have been reported in the orthopedic and neurosurgical literature for some years. B.R. Wiltberger in a paper published in Clinical Orthopedics, Vol 35, pp 69-79, 1964, reviewed various methods of intervertebral body fusion using posterior bone dowels driven firmly into a suitably smaller hole between the adjacent vertebrae. Upon doing so the dowel can split or crack or collapse. The stretched bone might also split and it can be compressed by the dowel to the point that it will not grow normally due to collapse of formerly open pores or vascular channels. If this occurs, there may be a late absorption of surrounding bone and the dowel might

25

30

5 loosen, with a renewed danger of expulsion. See also a 2-page brochure from Neurological Survey Associates of Cincinnati, Inc. entitled "Posterior Lumbar Interbody Fusion Made Simple" which shows, after the bone dowel placement, the "(a)pplication of 5 mm dacron suture around spinous processes."

10 U.S. Patent 4,501,269 (Bagby) describes a surgical procedure for stabilizing the cervical spine of a horse and says that the procedure:

15 "is applicable to any human or animal joint formed by opposed contiguous bony surfaces which are covered and separated by intervening cartilage and are surrounded by ligaments which resist expansion of the joint. Specific examples of such joints are a spinal joint between adjacent vertebrae or the ankle joint. The process was developed to immediately stabilize the joint and to further promote ultimate bone-to-bone fusion.... The implanted structure is in the form of a perforated 20 cylindrical bone basket which can be filled with bone fragments produced during the preparation of the joint. These bone fragments provide autogenous tissue to promote bone growth through the basket, as well as around it.

25 "The process involves the initial steps of surgically accessing the joint and removing intervening cartilage located between the contiguous bony surfaces. A transverse cylindrical opening is then bored across the contiguous bony surfaces. Immediate stabilization 30 is achieved by driving into the cylindrical opening a hollow basket having a rigid perforated

5 cylindrical wall whose outside diameter is
 slightly greater than the inside diameter of the
 cylindrical opening. The implanting of the basket
 spreads the bony surfaces apart in opposition to
 the resistance to expansion of the joint provided
 by the surrounding ligaments" (col. 2, lines 26-
 55).

10 U.S. Pat. No. 2,537,070 (Longfellow) shows in
 Fig. 2 a "reinforce 7" that is much like Bagby's
 fusion basket.

15 Vich, J. Neurosurg., Vol 63, pp 750-753
 (1983) describes a means for cervical spine fusion,
 using an anterior approach, by surgically implanting a
 cylindrical bone graft.

20 15 "Screw threads are placed in the graft with a
 small, previously sterilized die. The grooves of
 the thread can be made as deep as required. The
 vertical cervical bodies are prepared according to
 Cloward's technique. After a cylindrical bed has
 been drilled in the appropriate intervertebral
 bodies, the graft is screwed into place with
 instruments especially developed for this purpose"
 (p. 750).

25 25 Vich's Fig. 2 legend points out that a threaded graft
 dowel has a larger contact surface than a plain dowel
 and a greater resistance to pressure and sliding.

30 Vich also says:

30 " When grafts with a diameter of 14 mm were used,
 we sometimes threaded the receiving bed with a
 die-stock of 13 mm to facilitate the insertion"
 (p. 751).

An additional desirable effect of an intervertebral fusion is the restoration or maintenance of a normal intervertebral spacing. Spreading devices are generally required in order to 5 restore all or a part of the normal intradiscal height, in the process of placing the fusion material or appliance. When the procedure is performed using the commonly employed posterior approach, a variety of spreaders may be placed between various posterior bony 10 elements normally attached to the vertebrae, such as, dorsal spinous processes or laminas. Using such spreaders, a forward tilt or wedging of the discal space occurs,--with the posterior aspect of the space becoming more open than the anterior. When a bone 15 graft of any shape is driven into a cavity that is wedged more open posteriorly between two opposing movable vertebrae, there is a strong propensity for the graft to be retropulsed during the postoperative recovery period as a result of to and fro movement 20 between the opposing vertebrae. Thus, to aid in the prevention of graft expulsion, it would be desirable to have the cavity either maintain parallelism or be slightly narrower at its most posterior portion. Ventral to this cavity, the stout ligamentous disc 25 annulus remains and prevents ventral migration of the graft into the retroperitoneal space. Further, there is value in restoring the original spinal lordotic curve, as the fusion grows; this requires that the cavity and the interbody fusion element be placed to 30 promote a normal spinal anatomical position, that is, without wedging of the space in either direction.

In U.S. Pat. No. 4,743,256 (Brantigan) pairs of plugs are implanted as struts spanning and maintaining the disc space between adjacent vertebrae. While bone plugs were previously used in the same way, 5 Brantigan employs "rigid plugs of structural material having porous surfaces to facilitate ingrowth of bone tissue" (col. 2, lines 66-68), inserting these into "grooves bridging the cancellous bone of one vertebral body to the cancellous bone of the subjacent vertebral body ..." (col. 2, lines 1-6). "The plugs are 10 preferably made of an inert metal substrate such as stainless steel ... having a porous coating of metal particles ..." (col. 3, lines 8-14). The plug of Fig. 12 "has bone piercing tangs or points 31" (col. 5, 15 line 61).

SUMMARY OF THE INVENTION

The present invention provides a method for implanting a fusion cage in order to fuse adjacent bony structures, which method is safer, surer, easier and faster as compared to the implantation of bone dowels or Brantigan's rigid plug or Bagby's fusion basket or Longfellow's "reinforce." Briefly, the 20 novel implantation method involves the following 25 steps:

- (a) forming between said bony structures a lateral bore with a female thread that penetrates into their cancellous regions,
- (b) forming a hollow cylindrical fusion cage 30 to have an external, substantially continuous helical thread (preferably a V-thread) that is

perforated in the valley between adjacent turns and can mate with said female thread,

5 (c) screwing the cage into said thread bore, and

(d) packing the cage with bone-inducing substance.

10 The female thread formed in step (a) preferably is tapped by hand, using a slow motion to ensure against burning the bone. This freshens the bone margins of the bore so that if any bone had been burned by drilling to form the bore, it is now cut away slowly by hand. The tapping process is quite safe, in that the surgeon can feel the progress of the technique.

15 The V-thread or other male-thread fusion cage preferably is screwed by hand into the threaded bore, again permitting the surgeon to feel if the resistance is too great and that rethreading of the bore might be required. In contrast, a bone dowel typically is 20 driven into a bore using a hammer, and in order to guard against an overly tight fit, the surgeon listens to the sound of the striking hammer and also monitors the degree of resistance.

25 Parent U.S. patent application S.N. 07/259,031 indicates that the V-thread fusion cage preferably is made of implantable-grade stainless steel and that titanium is also useful. Currently, titanium is preferred, it having been shown to be more compatible to bone.

30 Parent U.S. patent application S.N. 07/259,031 also teaches that the V-thread fusion cage preferably is fitted with end caps. The end caps

preferably are X-ray transparent to permit post-operative checks on the status of the developing bone. X-ray transparent end caps can be stamped from a flexible sheet of thermoplastic resin such as "Delrin" 5 acetal resin or polypropylene and may have a small opening for an instrument by which they can be put into place.

A threaded bore into which a hollow cylindrical fusion cage can be surgically implanted to 10 fuse adjacent bony structures can be prepared by the steps of:

- (a) drilling a pilot hole laterally between said bone structures,
- (b) inserting a pilot rod into the pilot hole,
- (c) fitting a hollow drill over the pilot rod,
- (d) with the hollow drill, enlarging the pilot hole to form a bore that penetrates into the cortical bone of each of said bony structures, and
- (e) tapping a female thread into the wall of said bore with the crown of the thread penetrating into the cancellous portion of each of said bony structures.

When using a male-thread fusion cage between adjacent vertebrae to promote bone ingrowth, the fusion cage should be implanted in pairs on opposite sides of the disc space. After placement of the first cage, there is an impressive, instant stabilization of the previously unstable vertebral segment. The second cage is then screwed into its tapped hole, thus 25 rendering the space completely immobile. Each cage is 30

held in place by its male-thread, biting into female threads that were formed in step (e). Gravity, muscle pull and elastic recoil of the spread (or stretched) outer disc annulus together exert force against each of the fusion cages. Thus the fusion cages are held in place by compression forces between the adjacent vertebrae.

Because the cancellous bone of the vertebral bodies has internal strength similar to wet balsa wood and a hard shell similar to about a 1.5 mm veneer of white oak, it is difficult to drill parallel bores without the drill bits wandering into a common center, unless a drill guide or jig is provided. This problem is met by the following method of forming and threading a bore between adjacent vertebrae, which method involves the following steps:

19, 12-25

- (a) cutting away ligaments to expose the site,
- (b) spreading the vertebrae apart,
- (c) nibbling away as much of each lamina as is necessary to access the site,
- (d) drilling a pilot hole laterally between said vertebrae, each of sufficiently small diameter to be self-seeking of the center of the disc space,
- (e) inserting a pilot rod into the pilot hole,
- (f) sliding over the pilot rod a hollow lamina drill to cut the spinous process and to score the lamina,
- (g) drilling to remove the lamina within the score,

5 (h) fitting into the resulting arcuate opening in the lamina a C-retractor which has a split cylindrical sleeve of the same diameter as the lamina drill, a handle extending from one end toward the upper end of the spine, and spikes at its outer end,

10 (i) forcing at least one of the spikes into each of said adjacent vertebrae to anchor the C-retractor,

15 (j) reinserting the pilot rod to rest on the bottom of the pilot hole,

(k) sliding a hollow vertebral drill over the pilot rod and inside the sleeve of the C-retractor,

10.17

15 (l) forming with the hollow drill a bore that penetrates into the cortical bone of each of said vertebrae,

(m) removing the hollow drill, the pilot rod, and the cut bone, and

20 (n) using the C-retractor as a guide, tapping a female thread, the crown of which extends into the cancellous bone of each of the vertebrae.

25 As indicated in the drawing, said pilot rod and the shafts of said hollow lamina drill and tap having markings to show the depths to which they penetrate into the bore.

30 When male-thread fusion cages are to be positioned between adjacent vertebrae, the sides that are to face laterally preferably are closed to prevent disc tissue from growing into the cages, because this could interfere with bone growth between the

- 12 -

vertebrae. By leaving the lateral sides closed, the fusion cages have greater structural strength, thus permitting the perforations adjacent the vertebrae to be larger. When leaving the lateral quadrants closed, 5 we have achieved 70% perforation of the area of the top and bottom quadrants (as projected onto the inner face of a cylinder) while maintaining good compressive strength.

End caps can help to prevent disc tissue from 10 growing into the cages, and for this reason, any openings in the end caps should be small.

A large majority of patients requiring intervertebral fusions have narrowing of the disc space, typically 10 mm or less in the lower back. 15 Because minimal penetration into the end plates of the vertebrae is required (about 3mm for each), three major diameters of the fusion cage thread should suffice for most patients, namely, 14, 16 and 18 mm. Because the anterior-posterior dimension of a typical 20 lower lumbar vertebra is about 30 mm, the length of the fusion cage preferably does not exceed 25 mm but is at least 20 mm in length to give sufficient contact as well as a good platform when implanted in pairs.

A novel interbody spreader in the form of a 25 scissors jack has been developed to maintain a desirable parallel attitude between the adjacent vertebrae while the bore is drilled and then tapped by a novel instrument.

Other instruments that have been developed 30 for use in the implantation of the novel fusion cage include tapping instruments for forming helical

threads in a bore in recipient bone. A first novel tapping instrument comprises

5 a hollow cylindrical shaft having a handle at one end and an external thread which is formed at the other end with at least one scallop that exposes a cutting edge, and

10 a pilot rod that slideably fits into said bore, projects beyond said other end of the hollow shaft, and is formed with a central recess that communicates with the scallop in the hollow shaft and provides a reservoir for detritus removed by said cutting edge, thus permitting the detritus to be carried away by removing the pilot rod from the hollow shaft.

15 The portion of the pilot rod that projects beyond said other end of the hollow shaft preferably is threaded to carry detritus upwardly to the reservoir.

20 When using this first novel tapping instrument to form female threads for an interbody fusion, the hollow shaft should have an odd number of scallops and cutting edges, preferably three, because an odd number provides more equal removal of recipient bone on both sides of the bore than would an even number.

25 Said first novel tapping instrument and a novel wrench are illustrated in the drawing, together with other instruments that can be used to implant male-thread fusion cages surgically.

30 THE DRAWINGS

In the drawing, all figures of which are schematic,

Fig. 1 is an exploded isometric view of a first
V-thread fusion cage of the parent U.S. Patent
Application S.N. 07/259,031 and two perforated end
caps;

5 Fig. 2 is an isometric view illustrating the
formation of a body that can be cut to form a series
of second V-thread fusion cages of said U.S. Patent
Application S.N. 07/259,031;

10 Fig. 3 is an isometric view of a first tapping
instrument (partly cut away to reveal details of
construction) for forming female threads in bores into
which male-thread fusion cage is to be inserted;

Fig. 4 is an isometric view of a wrench for
screwing a male-thread fusion cage into a threaded
bore;

15 Fig. 5 is an exploded isometric view of a third
male-thread fusion cage of said U.S. Patent
Application S.N. 07/259,031;

20 Fig. 6 is a plan view of a pilot drill that can be
used in preparation for forming a threaded bore
laterally between two vertebrae into which a male-
thread fusion cage can be surgically implanted;

Fig. 7 is a plan view of a pilot rod that also can
be used in preparation for forming said threaded bore;

25 Fig. 8 is a plan view of a hollow lamina drill
that can be used in conjunction with the pilot rod of
Fig. 7;

30 Fig. 9 is an isometric view showing the use of a
C-retractor in preparation for the surgical
implantation of a pair of male-thread fusion cages
between two vertebrae;

Fig. 10 is a plan view of a hollow vertebral
drill that also can be used with the pilot rod of Fig.
7; and

5 Fig. 11 is a plan view of a second tapping
instrument that can be used in conjunction with the C-
retractor of Fig. 9 to tap a female thread in the bore
formed by the hollow vertebral drill of Fig. 10.

DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENT

10 The fusion cage 10 of Fig. 1 was formed from
a solid steel cylinder by drilling eight small,
equally space holes 11 in the axial direction, each
hold being centered on a circle concentric with the
axis of the cylinder. Then a large hole was drilled
15 centered on the axis and having a radius substantially
identical to that of the aforementioned circle. A
V-thread 12 was then machined in the external surface
of the cylinder, thus opening through that surface a
perforation 13 extending through the rounded valley 14
20 of the V-thread at each crossing of the valley and one
of the small holes 11. A screw thread 15 was then
machined in the internal surface of the fusion cage to
threadably receive an end cap 16 that has apertures 18
similar to those of a salt shaker. Snap-on end caps
25 would also be useful.

In making a fusion cage by the technique
described in the preceding paragraph, the small holes
11 could be enlarged to intersect each other, thus
making it unnecessary to drill a central hole.
30 Enlarged small holes would result in larger
perforations 13.

Referring to Fig. 2, a series of fusion cages can be made from a plurality of rods 22 of rectangular cross-section that can be continuously extruded and fed into each of eight keyways 23 in the surface of a mandrel 24. Simultaneously, a rod 26 of triangular cross-section is extruded, wrapped helically around the rectangular rods 22, and soldered or welded to each of the rectangular rods 22 at every crossing to provide an external V-thread. Upon emerging from the keyways, the resulting body is cut into individual fusion cages each of which has perforation 28 between adjacent turns of the V-thread-forming rod 26 wherever it bridges a gap between adjacent rectangular rods 22.

A fusion cage identical to that of Fig. 2 can be made from a hollow cylinder by machining an external V-thread and broaching a plurality of rectangular internal keyways.

Each of the fusion cages in Figs. 1 and 2 could be made from a model by the lost wax process.

The tapping instrument 30 of Fig. 3 has a hollow cylindrical shaft 31 with a T-handle 32 at one end and an external thread 33 at the other end. Slidably received within the hollow shaft is a pilot rod 34, one end 35 of which protrudes beyond the hollow shaft 31 and slidably fits into a bore that has been drilled into the recipient bone. At the other end of the pilot rod is a knurled cap 35A. Projecting from the threaded end of the hollow shaft 31 are cutting teeth 36 that enlarge the bore to the minor diameter of the external thread 33 of the hollow shaft 31. The threaded end of the hollow shaft also is formed with three symmetrical scallops 37 (one shown)

to expose a cutting edge 38 at the leading edge of the external thread 33, which cutting edge forms female bone threads.

5 Detritus created by tapping instrument 30 is deposited through the scallops 37 into a reservoir provided by a central recess 39 in the pilot rod 34. The end 35 of the pilot rod which extends from the recess 39 into the bore has external threads which, when the threaded pilot rod 34 is turned, carry 10 detritus upwardly to be deposited through the scallops into the reservoir.

Upon rotating the hollow shaft 31 to form female bone threads in the bore, the surgeon can feel increased back pressure when the reservoir becomes 15 full and should grasp the knurled cap 35A to remove and clean out the pilot rod. If the gummy nature of the detritus were to prevent the pilot rod from being easily pulled out of the hollow shaft, the knurled cap 35A could be removed to permit the hollow shaft 31 to 20 be unscrewed from the threaded bore, leaving the pilot rod in place. The pilot rod then serves as a guide if the bore has not yet been completely tapped and it is necessary to reinsert the hollow shaft to complete the tapping.

25 The wrench 40 of Fig. 4 has a cylindrical shaft 41 with a T-handle 42 at one end and an octagonal protuberance 44 at the other end. The corners of the protuberance 44 fit into recesses in the fusion cage to permit the fusion cage to be 30 rotated by rotating the wrench. A spring-loaded ball 46 frictionally holds the protuberance in place when it is inserted into the fusion cage.

Fig. 5 shows a third male-thread fusion cage 50 that has formed from a solid steel cylinder by drilling an axial bore 51 and then broaching out a pair of cylindrical channels 52 that extend to a 5 diameter only a little smaller than the external surface of said cylinder. A V-thread 53 has then been machined in that external surface, thus creating perforations 54 in the valley between adjacent turns of the thread, each perforation extending completely 10 across one of the channels 52. Each end of each land between the channels has been machined to have a recess 56 to enable an end cap 57 to fit flush with the end of the fusion cage. At each recess 56, each land has been formed with a small bore 58 into which 15 one of a pair of projections 59 from the end cap 57 fits snugly to hold the end cap in place.

In Fig. 6, a pilot drill 60 has a T-handle 62 at one end of a shaft 63 and at the other end a collar 64 holding a bit 66. A set screw 68 in the collar 20 permits the protruding length of the bit to be adjusted, and the larger diameter of the collar acts as a stop. Typically, the bit 66 extends 25 mm beyond the collar 64.

In Fig. 7, a pilot rod 70 has a cylindrical shaft 71, at one end of which is a cylindrical boss 72 that is 30 mm in length and slidably fits into a bore formed by the pilot drill 110 of Fig. 11. The boss 72 has two scribe marks 73 that indicate the depth in cm 25 of the bore. At its other end, the shaft 71 is formed with a flat 75 that has scribe marks 76 marked to indicate 0, 1, 2 and 3 cm for purposes explained 30 below.

Shown in Fig. 8 is a hollow lamina drill 80 which has a cutting edge 82 and a central bore 83 that slidably fits over the shaft 71 of the pilot rod 70. An anodized aluminum handle 84 permits a surgeon to 5 drive the lamina drill by hand.

Shown in Fig. 9 is a C-retractor 90 which has a cylindrical sleeve 91 that is formed with an opening 92 across about one-fourth of its circumference over its full length. Extending from one end of the sleeve 10 opposite to said opening 92 is a malleable handle 93 by which the cylindrical sleeve 91 can be fitted through the arcuate laminotomy (formed by the lamina drill 80) down to the vertebrae 94 and 95. At the other end of the sleeve 91 are four spikes 96 in two 15 pairs, one pair on either side of a line that is 180° from the center of said opening 92. When the sleeve of the C-retractor 90 is concentric with a pilot bore that has been drilled laterally into the disc 97 between the two vertebrae 94 and 95, one pair of the 20 spikes can be set into the dorsal surfaces of each vertebra after careful orientation to be concentric with the pilot rod 70 while it is seated in the pilot bore. As also shown in Fig. 9, one purpose of the 25 sleeve 91 of the C-retractor 90 is to keep tools from contacting the dura 98 and the spinal nerve 99.

Shown in Fig. 10 is a hollow vertebral drill 100, the shaft 101 of which is formed with a central bore (not shown) that slidably fits over the shaft 71 of the pilot rod 70 while the C-retractor 90 is in place. At one end of the hollow drill are scalloped 30 cutting edges 105, and at the other is a hard rubber handle 103 that permits a surgeon to drive the } } } }

vertebral drill by hand. Scribe marks 107 indicate 0, 1, 2 and 3 cm. The 0 mark is at the top of the cylindrical sleeve 91 of the C-retractor when the vertebral drill is first put into place, and it and the other marks sequentially disappear behind the cylindrical sleeve as the vertebral drilling progresses. At the same time the scribe marks 76 on the flat 75 of the shaft 71 of the pilot rod 70, appear behind the handle 103 of the vertebral drill.

5 While the surgeon watches the disappearance of the scribe marks 107 on the vertebral drill, a surgical assistant holds the pilot rod at the proper attitude and monitors the progress of the drilling by watching the appearance of the scribe marks 76 on the pilot

10 rod. The greater inside diameter of the C-retractor 90 compared to that of the scalloped cutting edges 105 affords to the surgeon the opportunity to make slight lateral corrections as the drilling progresses.

15

Shown in Fig. 11 is a second tapping instrument 110, the tap 112 of which slidably fits into the cylindrical sleeve 91 of the C-retractor 90. At the other end of its shaft 113 is a T-handle 114 by which a surgeon drives the tap until it reaches the depth of the bore.

20 25 Implanting the Fusion Cage of Fig. 1

In order to implant the fusion cage 10 between adjacent vertebrae, soft, collagenous disc material is first removed from the intervertebral space. A small window is created in the overlying laminas of each side, namely standard laminotomies. The neural tissues, dural sac and nerves, are

retracted medially. The intervertebral space is cleaned of disc material in a standard surgical fashion. If the disc space has narrowed as a result of degeneration, a scissors-jack type vertebral spreader or a hydraulically inflated bladder is inserted on one (the first) side inside the disc space and opened until the space approximates the normal. This may be confirmed by a lateral x-ray. The height of the disc space is measured on the x-ray so that the proper sizes of drills, tap, and fusion cage may be chosen.

The opposite (second) side of the same disc space is then addressed. The nerve tissues on the first side are relaxed and then retracted medialward on the second side. A pilot drill (e.g., 5 mm or 8 mm diameter depending upon discal space height) cuts a small channel in the face of each of the vertebrae, penetrating the interdiscal space to a depth of about 25 mm (the normal disc space is about 30 mm deep and 50 mm wide). A drill stop may be applied to the drill to prevent overboring the hole. A solid rod pilot is then inserted into the pilot hole and a pilot cutter (7 mm or 10 mm) is passed over it and brought downward to enlarge the pilot channels to slidably receive the pilot rod 35 of the tapping instrument 30 of Fig. 3. The cutting thread 33 (12 mm or 16 mm major diameter) cuts female bone threads through the opposing vertebral end plates and into both cancellous regions that will invite the ingrowth of new bone.

A V-thread fusion cage of the invention with one end cap in place, is snapped onto the wrench 40 of Fig. 4 by which it is screwed by hand into the

5 threaded intradiscal bore to its full depth. After removing the wrench, the cage is packed with bone chips or other bone-inducing substance, and the second end cap is applied to hold the bone chips securely in place.

10 After removing the vertebral spreader, the dura and nerves on the second side are relaxed and attention is once again directed to the first side which is drilled and tapped to receive a second fusion cage by the same procedure.

15 Over a period of several weeks, the bone from the vertebral bodies will grow through the perforations in the fusion cages and unite with the bone-inducing substance inside them, creating a solid fusion.

20 It is believed that the novel fusion cages will primarily be implanted by a posterior approach to the spine, although an anterior approach may be utilized, especially when applied to the vertical spine.

Example 1

25 The fusion cage of Fig. 1 has been machined from a cylinder of surgically implantable stainless steel to have the following dimensions:

	diameter of starting cylinder	16 mm
	length of cylinder	25 mm
	diameter of each small hole 11	3 mm
	diameter of circle on which	
30	holes 11 are centered	11.5 mm
	diameter of central hole	11 mm
	pitch of V-thread 12	2.5 mm/turn

	angle at crown of thread 12	60°
	fillet radius in valley of	
	thread 12	0.4 mm
	axial width of perforation 13	1.6 mm
5	circumferential breadth of	
	perfs. 13	2.8 mm
	when projected onto interior	
	of a cylinder, % of area	
	perforated	25%

10

Example 2

15

The fusion cage of Fig. 1 has been machined from a stainless-steel cylinder to have the same dimensions as that of Example 1 except that the diameter of the circle on which holes 11 were centered was increased to 12 mm. This results in 70% perforation in each of the areas of the top and bottom quadrants.

20

To test the compressive strength, a pine block was drilled to the outside diameter of the thread of the fusion cage, and a 1/4-inch section was cut away to leave two pieces, between which the fusion cage was placed with its perforations facing two pieces. A force of 808 pounds was applied before the fusion cage began to deform into an oval shape, thus indicating that it has much more than adequate compressive strength to withstand any forces to which it might be put when implanted between a person's vertebrae.

25

Example 3

A fusion cage, identical to that of Example 2 except that the cage was made from titanium, was tested in the same way for compressive strength. It 5 resisted 850 pounds before beginning to deform.

Surgical Experience

The fusion cage of Example 2 has been surgically implanted in pairs between adjacent 10 vertebrae of each of three persons. In each case after placement of the first cage, there was an impressive, instant stabilization of the previously unstable vertebral segment. Upon threading the second cage into its tapped hole, the segment became 15 completely immobile.

Each of those three patients was able to tolerate sitting without low back pain by the second or third post-surgical day. This unexpectedly early comfort expressed by each of these three patients 20 signified good, immediate stability to the previously painfully unstable spinal segment.

The first patient, on a routine visit at two months postoperative, had an almost full range of painless motion (bending, twisting) of the lumbar 25 spine. The second patient, at 18 days postoperative, made an unscheduled visit to ask permission to go biking and reported a greater than 90% relief of all back and leg pains. The third patient showed approximately 1/3 range of normal painless motion of 30 the lumbar spine on the sixth postoperative day.

What is claimed is:

1. Surgical method of fusing adjacent bony structures, said method comprising the steps of:

5 (a) forming between said bony structures a lateral bore with a female thread that penetrates into their cancellous regions,

10 (b) forming a hollow cylindrical fusion cage to have an external, substantially continuous helical thread that is perforated in the valley between adjacent turns and can mate with said female thread,

(c) screwing the cage into said threaded bore, and -

15 (d) packing the cage with bone-inducing substance.

2. Method as defined in claim 1 wherein said threaded bore extends into the disc space between adjacent vertebrae, and prior to step (a) is the added step of spreading said vertebrae apart.

25 3. Method as defined in claim 2 wherein a second threaded bore is formed to extend into the opposite side of said disc space and parallel to said threaded bore, and steps (b), (c) and (d) are repeated to implant an identical fusion cage in said second threaded bore.

30 4. Method as defined in claim 1 wherein, aid female thread is formed in step (a) by handapping.

5. Method for surgically preparing two adjacent bony structures for implanting a hollow cylindrical fusion cage that has an external, substantially continuous helical thread and is
5 perforated in the valley between adjacent turns of the thread, said method comprising the steps of:

(a) drilling a pilot hole laterally between said bony structures,
10 (b) inserting a pilot rod into the pilot hold,
(c) fitting a hollow drill over the pilot rod,
15 (d) —with the hollow drill, enlarging said pilot hole to form a bore that penetrates into the cortical bone of each of said bony structures, and
(e) tapping a female thread into the wall of said bore, the crown of which penetrates into the cancellous portion of each of said bony structures, which female thread can mate with the helical thread
20 of the fusion cage.

6. Method as defined in claim 5 wherein said bore extends laterally into the disc space between adjacent vertebrae.

25 7. Method as defined in claim 6 wherein steps (a) through (e) are repeated to form a second threaded bore parallel to the first, one on each side of the disc space.

8. Method as defined in claim 7 wherein each said female thread is formed in step (e) by hand tapping.

5 9. Method as defined in claim 5 and further comprising subsequent to step (e) the steps of:

(f) screwing the fusion cage into said threaded bore, and

10 (g) then filling the cage with bone-inducing substance.

10. Method as defined in claim 9 wherein the bone-inducing substance is cancellous bone chips.

15 11. Method for surgically preparing two adjacent vertebrae for implanting a hollow cylindrical fusion cage that has an external, substantially continuous helical thread and is perforated in the valley between adjacent turns of the thread, said 20 method comprising the steps of:

(a) cutting away ligaments to expose the site,

(b) spreading the vertebrae apart,

25 (c) nibbling away as much of the lamina as is necessary to access the site,

(d) drilling a pilot hole laterally between said vertebrae, each of sufficiently small diameter to be self-seeking of the center of the disc space,

30 (e) inserting a pilot rod into the pilot hole,

(f) sliding over the pilot rod a hollow lamina drill to cut the spinous process and to score the lamina,

5 (g) drilling to remove the lamina within the score,

10 (h) fitting into the resulting arcuate opening in the lamina a C-retractor which has a split cylindrical sleeve of the same diameter as the lamina drill and a handle extending from one end toward the upper end of the spine,

15 (i) reinserting the pilot rod to reset on the bottom of the pilot hole,

(j) sliding a hollow vertebral drill over the pilot rod and inside the sleeve of the C-retractor.

20 (k) forming with the hollow drill a bore that penetrates into the cortical bone of each of said vertebrae,

(l) removing the hollow drill, the pilot rod, and the cut bone, and

25 (m) using the C-retractor as a guide, tapping a female thread, the crown of which extends into the cancellous bone of each of the vertebrae.

12. Method as defined in claim 11 and comprising the added step of maneuvering aside the dura and nerve with said split cylindrical sleeve of the C-retractor.

13. Method as defined in claim 12 wherein
the C-retractor is formed with spikes extending
axially from one end of said cylindrical sleeve, said
method comprising the added step of forcing at least
5 one of said spikes into each of said adjacent
vertebrae to anchor the C-retractor.

14. A tapping instrument for forming a
female thread in a bore into bone, said tapping
10 instrument comprising:

a hollow cylindrical shaft having a handle at
one end and an external thread which is formed at the
other end with at least one scallop that exposes a
cutting edge at the leading edge of the external
15 thread so that a female thread is formed in said bore
upon rotation of the hollow shaft,

20 a pilot rod that slidably fits into said
bore, projects beyond said other end of the hollow
shaft, and is formed with a central recess that
communicates with said scallop and provides a
reservoir for detritus removed by said cutting edge,
thus permitting the detritus to be carried away by
removing the pilot rod from the hollow shaft.

25 15. A tapping instrument as defined in claim
14 and symmetrically formed with three scallops and
cutting edges.

16. A tapping instrument as defined in claim
14 wherein said one end of the pilot rod has external
threads which, when the threaded pilot rod is turned,
carry detritus to be deposited through the scallops
5 into the reservoir.

10 17. A C-retractor comprising a cylindrical
sleeve that is split to form an opening across a small
fraction of its circumference over its full length, a
malleable handle extending from one end of the sleeve
opposite to said opening, and spikes protruding
axially from the other end of the sleeve.

15 18. A C-retractor as defined in claim 17 and
having four of said spikes in two pairs with one pair
on either side of a line that is 180° from the center
of said opening.

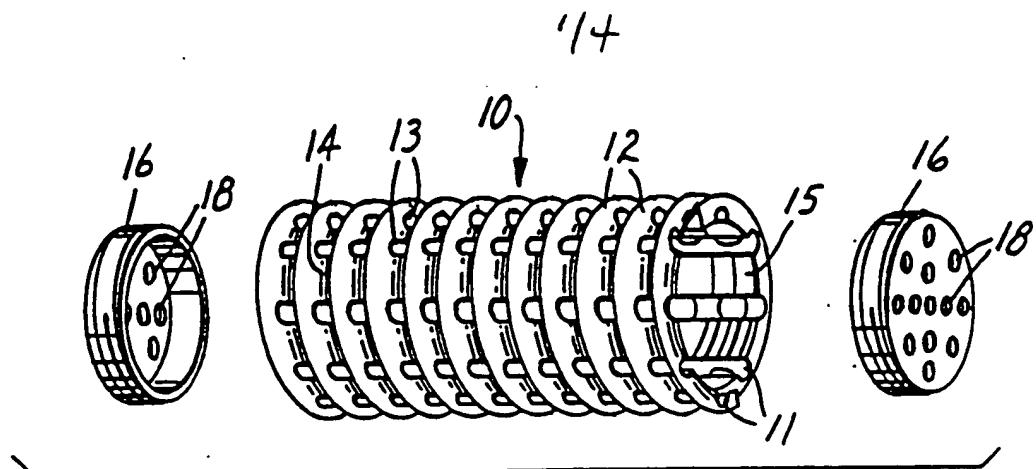


FIG. 1

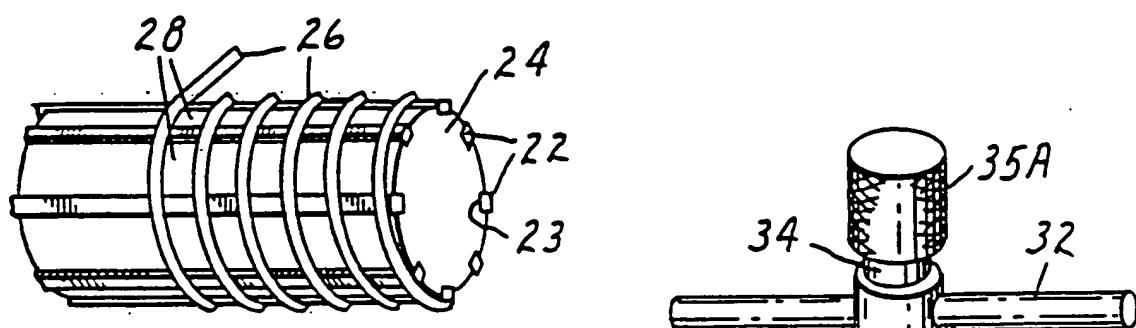


FIG. 2

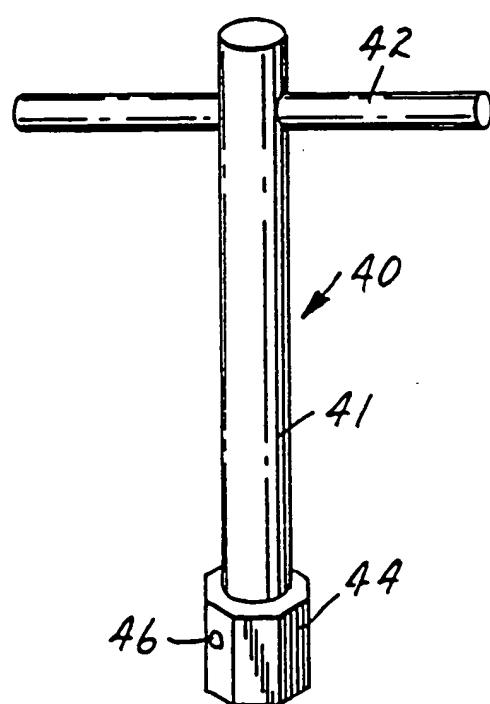


FIG. 4

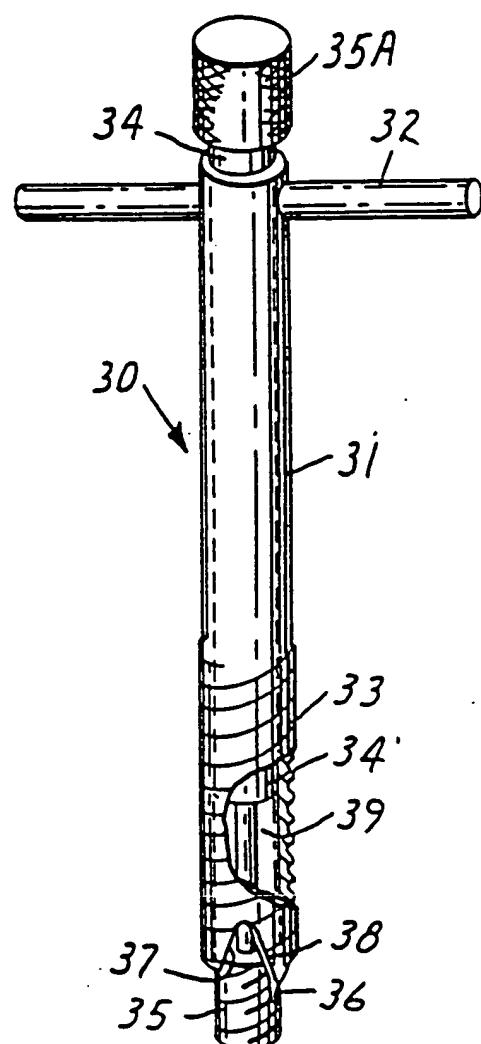


FIG. 3

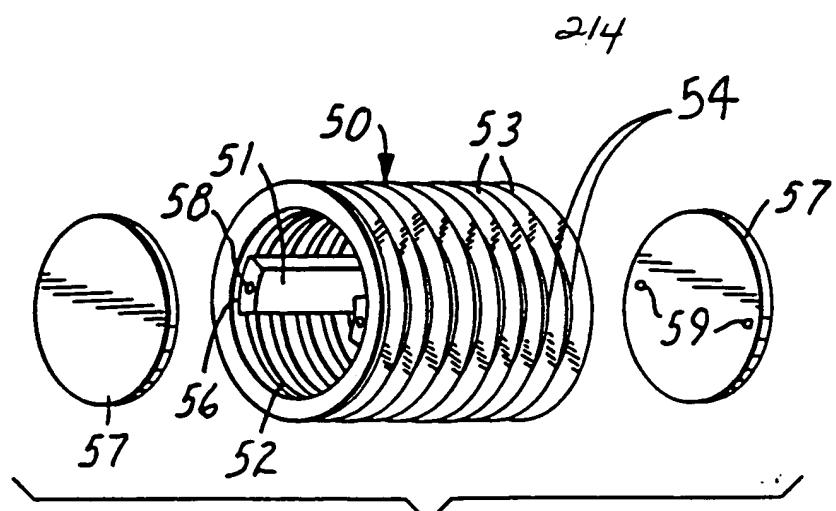


FIG. 5

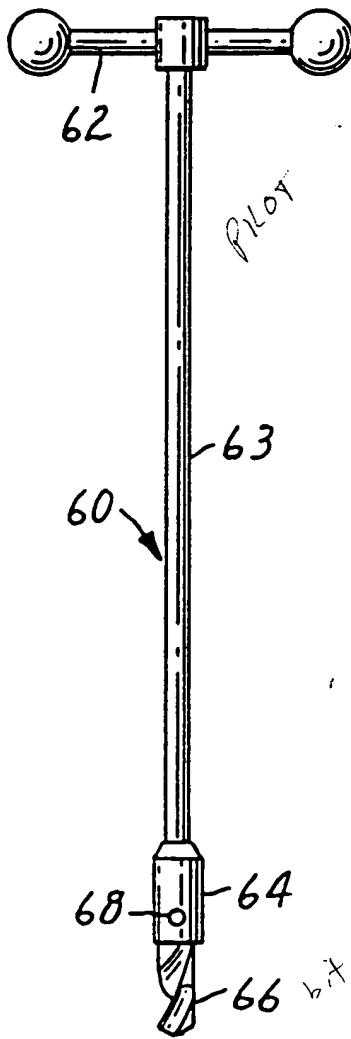


FIG. 6

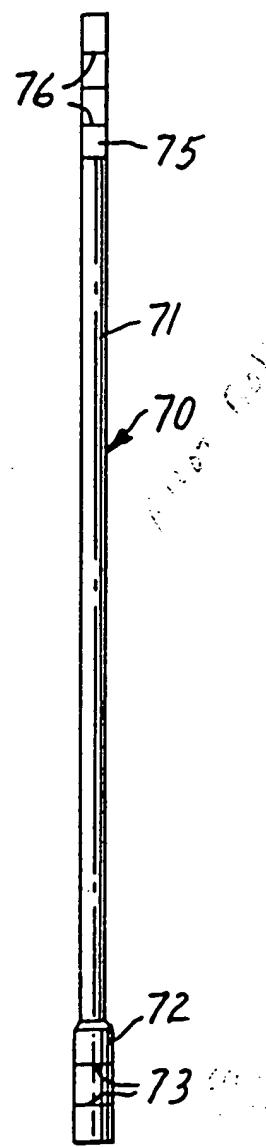


FIG. 7

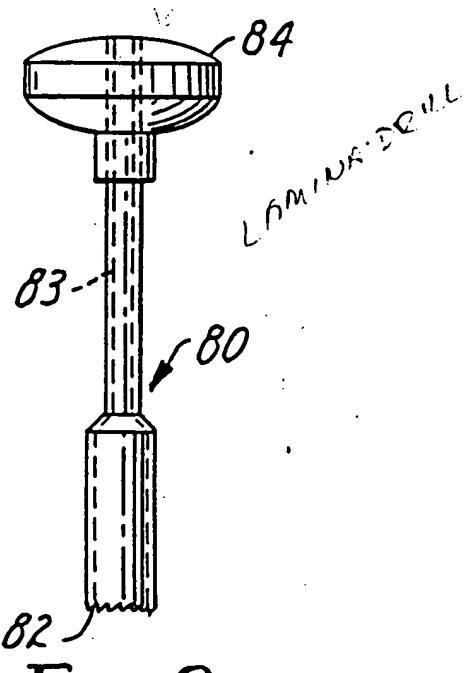


FIG. 8

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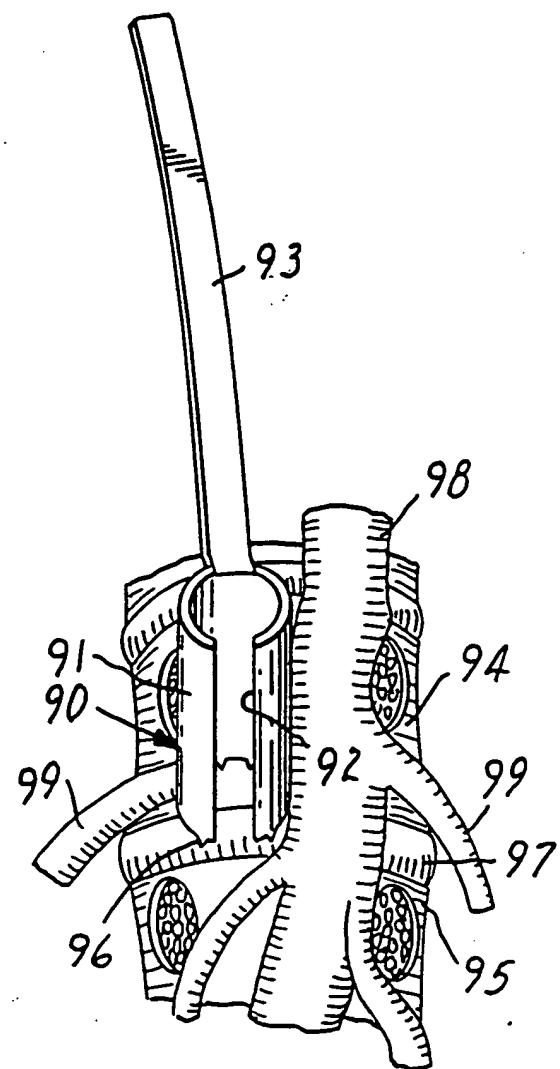


FIG. 9

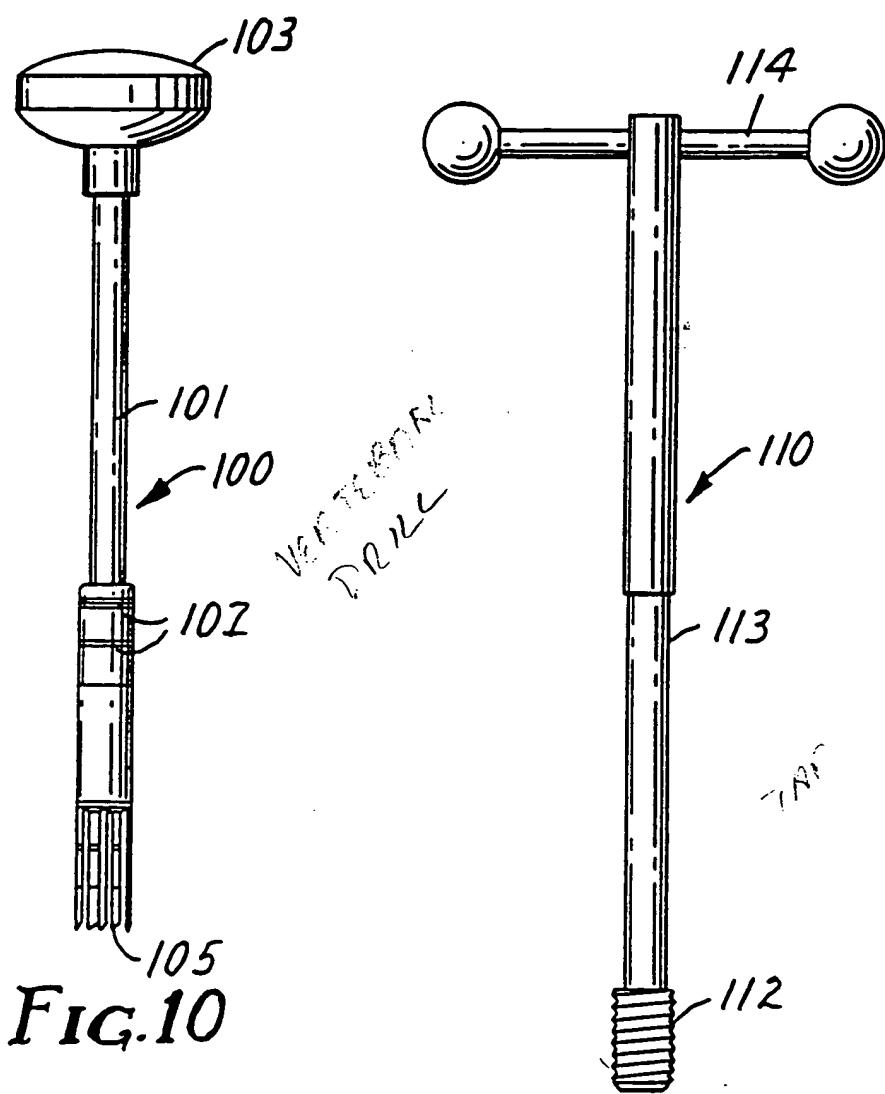


FIG.10

FIG.11

I. CLASSIFICATION OF SUBJECT MATTER (if several classification symbols apply, indicate all)³

According to International Patent Classification (IPC) or to both National Classification and IPC

IPC: A61F 2/44

US: 606/61, 79, 99; 623; 17

II. FIELDS SEARCHED

Minimum Documentation Searched⁴

Classification System	Classification Symbols
US	606/61, 86, 79, 80, 81, 96, 99, 108 623/16-22

Documentation Searched other than Minimum Documentation
to the Extent that such Documents are Included in the Fields Searched⁵III. DOCUMENTS CONSIDERED TO BE RELEVANT¹⁴

Category ⁶	Citation of Document, ¹⁴ with indication, where appropriate, of the relevant passages ¹⁷	Relevant to Claim No. ¹⁴
A	US,A RE 31865 (ROUX) 16 April 1985	1-13
A	US,A 4492226 (BELYKH ET AL) 8 January 1985	
A	US,A 4599086 (DOTY) 8 July 1986	
A	US,A 4522200 (STEDNITZ) 11 June 1985	
A	US,A 4677972 (TORNIER) 7 July 1987	1-13
A	US,A 3783860 (BURSTEIN ET AL) 8 January 1974	
A	US,A 4059115 (JUMASHEV ET AL) 22 November 1987	14-16
A	US,A 4657550 (DAHER) 14 April 1987	
A	US,A 4501269 (BAGBY) 26 February 1985	
A	US,A 3848601 (MA ET AL) 19 November 1974	

³ Special categories of cited documents:¹⁵

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"&" document member of the same patent family

IV. CERTIFICATION

Date of the Actual Completion of the International Search:

24 January 1991

Date of Mailing of this International Search Report¹⁶

08 MAR 1991

International Searching Authority¹⁷Signature of Authorized Officer¹⁸

ISA/US

Patricia Robinson

KERRY OWENS

DC 2-13-91

III. DOCUMENTS CONSIDERED TO BE RELEVANT (CONTINUED FROM THE SECOND SHEET)

Category	Citation of Document, ¹⁶ with indication, where appropriate, of the relevant passages	Relevant to Claim No
A	US, A 3651807 (HUGGINS) 28 March 1972 see figure 1	17,18
A	US, A 4585437 (SIMMS) 29 April 1986 see figure 1	17,18
A,P	US, A 4878915 (BRANTIGAN) 7 November 1989	1-16

FURTHER INFORMATION CONTINUED FROM THE SECOND SHEET

A	DE, A 3505567 (VICH) 5 June 1986	
A	FR, A 2295729 (MAHAY + CIE) 23 July 1976	1-13
X Y	US, A 4802468 (DOWLAN) 7 February 1989 see figure 3	14 15
Y	US, A 4649918 (PEGG ET AL) 17 March 1987 see column 2, lines 47-50	15

V. OBSERVATIONS WHERE CERTAIN CLAIMS WERE FOUND UNSEARCHABLE¹

This international search report has not been established in respect of certain claims under Article 17(2) (a) for the following reasons:

1. Claim numbers _____, because they relate to subject matter¹ not required to be searched by this Authority, namely:

2. Claim numbers _____, because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out¹, specifically:

3. Claim numbers _____, because they are dependent claims not drafted in accordance with the second and third sentences of PCT Rule 6.4(a).

VI. OBSERVATIONS WHERE UNITY OF INVENTION IS LACKING²

This International Searching Authority found multiple inventions in this international application as follows:

1. As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims of the international application.

2. As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims of the international application for which fees were paid, specifically claims:

3. No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claim numbers:

4. As all searchable claims could be searched without effort justifying an additional fee, the International Searching Authority did not invite payment of any additional fee.

Remark on Protest

- The additional search fees were accompanied by applicant's protest.
- No protest accompanied the payment of additional search fees.

DESIGNATIONS OF "DE"

Until further notice, any designation of "DE" in any international application whose international filing date is prior to October 3, 1990, shall have effect in the territory of the Federal Republic of Germany with the exception of the territory of the former German Democratic Republic.

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